

# Addiction & Mental Health Edmonton Zone Index to Services

**Note: Other collaborative services such as CASA, Glenrose Rehabilitation Hospital, NECHC, Sturgeon Community Hospital and Capital Care are also included in this index.**

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## 1.0 URGENT & INTENSIVE SERVICES

### 1.1 INPATIENT:

#### 1.1.1 AHE Admissions

Admission area; 10 building at Alberta Hospital Edmonton. Admission staff are on site 24/7 to provide assessment and consultation to those presenting.

Alberta Hospital, 17480 Fort Road, T5J 2J7

#### 1.1.2 Emergency Mental Health Team (EMHT)

**UAH:** The Emergency Mental Health Team is located in the UAH Emergency department. They provide direct patient care to individuals presenting with Addiction and Mental Health concerns once medical clearance is provided at triage.

University of Alberta Hospital, 8440 112 Street NW, T6G 2B7

**RAH:** The Emergency Mental Health Team is located in the RAH Emergency department. They provide direct patient care to individuals presenting with Addiction and Mental Health concerns once medical clearance is provided at triage.

Royal Alexandra Hospital, 10240 Kingsway Avenue NW, T5H 3V9

### 1.2 COMMUNITY:

#### 1.2.1 ARC (Addiction Recovery Center)

Is a 42-bed residential facility that provides safe detoxification services with 24-hour care by qualified nursing staff and a consulting physician. Services provided include health stabilization, assessment, referral, information sessions and an introduction to self-help groups. The centre offers addiction treatment planning, facilitated by addiction counselors. Clients can present for admission assessment seven days a week between 9:30 and 10:30 am. Emergency physicians and staff can refer directly through the Addiction and Mental Health Bed Management Team

10302-107 Street, Edmonton, T5J 1K2  
telephone 780-427-4291 (24 hours) and fax 780-422-2881

#### 1.2.2 Assertive Community Treatment (ACT)

Integrated with the other CAATS programs and a broad range of other mental health and community services, the ACT program provides team-based, intensive interventions to individual's whose mental illness creates a significant barrier to them accessing and effectively participating in treatment through regular community mental health programs. Assertive engagement and extensive community outreach approaches are used to assist individuals in achieving sufficient recovery to access and participate in other programs and services.

Referrals are made via: Intake at 108th Street Mental Health Clinic

Edmonton 108 Street Building/Edmonton Mental Health Clinic, 9942 108 Street NW, T5K 2J5

### **1.2.3 Community Treatment Orders (CTO)**

Provides coordination and support related to CTO's. Includes providing education as needed to partners and stakeholders. Targets clients who are actively under a CTO but have been meeting majority of treatment goals including attending appointments independently.

Edmonton 108 Street Building/Edmonton Mental Health Clinic, 9942 108 Street NW, T5K 2J5

### **1.2.4 Corrections Transition Team**

Provides linkage services between newly released offenders and mental health / addictions services. This team works toward a goal of ensuring individuals released from custody can be re-established in the community and not fall back to criminal behaviour.

FACS building, 10225-106 St, TSJ 0K1

### **1.2.5 DiverseCity Housing**

Multidisciplinary Care team provides supported mental health housing to sixty individuals who have current criminal justice involvement and whose function is significantly impacted by a mental illness or a concurrent disorder.

Edmonton 108 Street Building/Edmonton Mental Health Clinic, 9942 108 Street NW T5K 2J5

### **1.2.6 Diversion**

A joint partnership with AHS and the Justice Department. Diversion Services redirects eligible 12 years and older individuals with addiction and mental health issues with low risk minor criminal offences from the Criminal Justice System to the appropriate community based health services. Clients are assessed with goals established to assist in the treatment and access to mental health, addiction and community resources. Working in collaboration with the Justice Department where clients goals are achieved, charges may be withdrawn. AHS information available at 780-342-7654. Or contact the Crown Prosecutors at 780-427-9117.

Edmonton 108 Street Building/Edmonton Mental Health Clinic, 9942 108 Street NW, T5K 2J5

### **1.2.7 Misericordia Stabilization Team**

Provides short term follow-up to individuals who present to the Misericordia ED with an Addiction or Mental Health concern that require additional support/stabilization within the community on discharge from the ED. Referral to this program can only be made by the psychiatrist within the Misericordia ED

Misericordia Community Hospital, 16940 87 Ave, T5R 4H5

### **1.2.8 Inner City Police and Crisis Team (ICPACT)**

Is a joint partnership between Edmonton Police and Alberta Health Services providing an appropriate and timely response to clients with addiction and mental health issues who reside in the Inner City. The teams provide crisis intervention, outreach stabilization and referrals to local resources. Contact number 780-421-2219, if unavailable contact the Crisis Response Team at 780-342-7777.

Edmonton 108 Street Building/Edmonton Mental Health Clinic, 9942 108 Street NW, T5K 2J5

### **1.2.9 Inner City Team**

Provides specialized addiction and mental health consultation and treatment (as needed) to clients who are homeless and experience addiction/mental illness. Partnered with multiple agencies throughout the inner city.

Edmonton 108 Street Building/Edmonton Mental Health Clinic, 9942 108 Street NW, T5K 2J5

### **1.2.10 Police and Crisis Team (PACT)**

Is a joint partnership between Alberta Health Services and Edmonton Police Services. The focus is to provide early intervention to clients that require joint services for mental health and EPS. These teams are trained to assist mental health and police services to advocate the most appropriate intervention for Addiction and Mental Health clients in high risk situations. PACT is adjunct to the Adult Crisis Response Team. Further information and consultations/referrals can be directed to a therapist within the Community Urgent Services and Stabilization Team at 780-342-7777.

Edmonton 108 Street Building/Edmonton Mental Health Clinic, 9942 108 Street NW, T5K 2J5

### **1.2.11 Rural Police and Crisis Team (RPACT)**

Is a joint partnership between RCMP and Alberta Health Services, providing crisis interventions, outreach stabilization, consultations and referrals to community resources to suburban Edmonton areas within the 13 detachments in the Provincial Capital District. Contact: 780-960-6580 Spruce Grove Office, 780-449-0189 Sherwood Park Office, if unavailable contact the Crisis Response Team at 780-342-7777.

Edmonton 108 Street Building/Edmonton Mental Health Clinic, 9942 108 Street NW, T5K 2J5

### **1.2.12 Urgent Services (Community Urgent Services & Stabilization Team-CUUST)**

Community Urgent Services & Stabilization Team (CUSST) is the amalgamation of the Crisis Response Team and the Community Support Team offering a range of Crisis assessments and stabilization services to clients and their families who are in an acute mental health crisis in the community. These services include a crisis intervention, consultation assessment, short term clinic, community or home based stabilization services and the Urgent Psychiatric Clinic Team. Urgent Psychiatric Clinic Team consists of interdisciplinary health care professionals. Referrals are accepted from the general public, Emergency Departments and services, General Practitioners, community agencies and AHS providers. CUSST is available 24 hours a day, 7 days a week. Contact number: 780-342-7777.

Edmonton 108 Street Building/Edmonton Mental Health Clinic, 9942 108 Street NW, T5K 2J5

## **2.0 ADULT ACUTE SERVICES**

### **2.1 INPATIENT:**

#### **2.1.1 Adult Acute Services**

Adult Acute Services are inpatient programs that provide stabilization and treatment for persons suffering from acute episodes of mental illness (including those complicated by an addiction) when the type of care needed cannot be safely provided in a community setting. These services are provided in partnership with Covenant Health at all 5 designated sites in the Edmonton zone.

Unit 10-1, Unit 10-1A, Unit 10-2, & Unit 10-2A, Alberta Hospital Edmonton, 17480 Fort Road, T5J 2J7

Unit 4F3 & Unit 4G2, University of Alberta Hospital, 8440 - 112 St., T6G 2B7

Unit 62, Royal Alexandra Hospital, 10240 Kingsway Ave, T5H 3V9

#### **2.1.2 Covenant Health Inpatient Services**

Unit 91, 92, and 93 at the GNCH

Unit 2W (Currently located on 8W) at the MCH

### 2.1.3 Geriatric Psychiatry Inpatient Services

Villa Caritas Units 1A, 2A, 3A, 2B, and 3B

## 3.0 CHILDREN, YOUTH & FAMILIES

### 3.1 INPATIENT:

#### 3.1.1 Childrens Inpatient Program Unit 301

Sunday to Friday Inpatient Program for children (6-12) with complex mental health problems that cannot be treated in community-based programs.

Glenrose Rehabilitation Hospital, 10230-111 Ave, T5G 0B7

#### 3.1.2 Adolescent Inpatient Program Unit 302

Sunday to Friday Inpatient Program for youth (13-17) with complex mental health problems that cannot be treated in community-based programs.

Glenrose Rehabilitation Hospital, 10230-111 Ave, T5G 0B7

#### 3.1.3 Child & Adolescent Consultation & Liaison

Consultation and Liaison Mental Health Service for the Inpatient and Outpatient Children's Hospital Programs.

Stollery Children's Hospital, 8440 112 Street NW, T6G 2B7

#### 3.1.4 Inpatient Acute Adolescent Unit 35

24/7 acute inpatient program for youth experiencing severe psychiatric disturbance.

Royal Alexandra Hospital, 10240 Kingsway Avenue NW, T5H 3V9

#### 3.1.5 Inpatient Acute Childrens Unit 36

Sunday - Friday Inpatient Program focusing on assessment of acute and complex mental health / behavioral disorders.

Royal Alexandra Hospital, 10240 Kingsway Avenue NW, T5H 3V9

#### 3.1.6 Turning Point Unit 3-6

24/7 Inpatient program for adolescent forensics (remand treatment and assessment).

Alberta Hospital Edmonton, 17480 Fort Road, T5J 2J7

### 3.2 COMMUNITY & AMBULATORY:

#### 3.2.1 Child and Adolescent Psychiatry Ambulatory Clinics and Programs

Child psychiatry clinics for specialized diagnoses such as ADHD, Tourettes, Affective Disorders, Complex Neuro-developmental Disorders.

Glenrose Rehabilitation Hospital, 10230-111 Ave, T5G 0B7

### **3.2.2 Child Psychiatry Day Programs**

Assessment Day Program (3 weeks) and Treatment Day Program (12 week), complex day program.

Glenrose Rehabilitation Hospital, 10230-111 Ave, T5G 0B7

### **3.2.3 Tertiary Community Outreach Programs - Community Transition and School Liaison:**

Patients are provided with support to transition back to home, school and community services after being involved in tertiary mental health services at Glenrose or RAH.

Glenrose Rehabilitation Hospital and RAH, 10230-111 Ave, T5G 0B7

### **3.2.4 Centerpoint-Young Offenders & Specialty Services**

Provides mental health assessment, treatment for children and youth who have been in conflict with the law and may have or have been diagnosed with a mental illness.

Edmonton 105 Street Building, 701, 10242 - 105 Street, T5K 3L7

### **3.2.5 Child & Adolescent Mental Health Intake**

Single intake service for community mental health clinics across the Zone

Northgate Health Centre, 9499 137 Avenue, T5E 5R8

### **3.2.6 Children's Crisis Service**

Crisis phone line, plus mobile response for children, youth and families in crisis, Mental Health response at Stollery ED.

Stollery Children's Hospital, 8440 112 Street NW, T6G 2B7

### **3.2.7 School-based Mental Health Services**

Assessment & Treatment of Mental Health concerns across all schools in Edmonton.

### **3.2.8 Ft. Saskatchewan Children's Community Mental Health Clinic**

Assessment and Treatment of mental health concerns.

Fort Saskatchewan Hospital, 10420 98 Ave, T8L 2N6

### **3.2.9 Leduc Children's Community Mental Health Clinic**

Assessment and Treatment of mental health concerns.

4906 49 Ave, Leduc, AB T9E 6W6

### **3.2.10 Morinville Children's Community Mental Health Clinic**

Assessment and Treatment of mental health concerns.

Morinville Provincial Building, 10008 107 Street, T8R 1L3



**3.2.11 Northgate Children's Community Mental Health Clinic**

Assessment and Treatment of mental health concerns.

Northgate Health Centre, 9499 137 Avenue, T5E 5R8

**3.2.12 Sherwood Park Children's Community Mental Health Clinic**

Assessment and Treatment of mental health concerns.

Strathcona County Health Centre, 2 Brower Drive, T8H 1V4

**3.2.13 Spruce Grove Children's Community Mental Health Clinic**

Assessment and Treatment of mental health concerns.

Stan Woloshyn Building with outreach to Evansburg, 205 Diamond Avenue, T7X 3A8

**3.2.14 St. Albert Children's Community Mental Health Clinic**

Assessment and Treatment of mental health concerns.

St. Albert Provincial Building (St. Albert Office), 30 Sir Winston Churchill Avenue, T8N 3A3

**3.2.15 Edmonton RCSD - Regional Collaborative Service Delivery**

Assessment & Treatment of Mental Health concerns.

Across all schools in Edmonton.

**3.2.16 Youth Addiction Mobile Services**

Addiction Counsellors provide intake, assessment, referral, counseling and prevention services at designated community sites.

Youth Addiction Services Edmonton, 12325 140 Street NW, T5L 2C9

**3.2.17 Youth Addiction Services Edmonton**

Includes Outpatient, Day Treatment, Family Counseling.

Youth Addiction Services Edmonton, 12325 - 140 Street, T5L 2C9

**3.2.18 Youth Diversion**

Supporting youth to avoid justice system involvement.

Youth Addiction Services Edmonton, 12325 140 Street NW, T5L 2C9

**3.2.19 Youth Intensive Day Treatment**

Youth Addiction Services Edmonton, 12325 - 140 Street, T5L 2C9

### **3.2.20 Youth Outpatient Services**

Intake, assessment, and individual counseling for youth.

Youth Addiction Services Edmonton, 12325 - 140 Street, T5L 2C9

### **3.2.21 Learning & Development Clinic**

Assessment and Treatment of school aged children with learning difficulties complicated with mental health concerns.

East Edmonton Health Centre / Grey Nuns Hospital, 7910 112 Avenue NW / Unit 23, 1100 Youville Drive, West, T5B 0C2 / T6L 5X8

## **3.3 RESIDENTIAL:**

### **3.3.1 Youth Residential**

2 week residential treatment for youth recovering from substance abuse.

Crowsnest House, Yellowhead Youth Centre, 12324 - 124 Street, T5L 0N4

### **3.3.2 Youth Stabilization**

6-10 day residential stabilization program for youth.

Santa Rosa, 6705 - 120 Avenue, T5B 0C7

### **3.3.3 Protection Of Children Abusing Drugs (PChAD)**

Court mandated program where youth are secured in a protective safe house for assessment of substance use (9 beds).

Jasper House - Yellowhead Youth Centre, 12315 - 125 Street, T5L 0T2

## **4.0 ADULT COMMUNITY SERVICES:**

### **4.1 COMMUNITY:**

#### **4.1.1 East Edmonton Health Centre – Addiction and Mental Health Clinic**

The East Edmonton Health Centre - Addiction and Mental Health Clinic provides services for adults with mental health, alcohol, drug, and/or gambling problems. Intervention services are provided by an interdisciplinary team of Mental Health Therapists, Addiction Counsellors and Consulting Psychiatrists and include individual assessment, consultation, treatment, and case management. Group programming is also provided.

East Edmonton Health Centre, 7910 112 Avenue NW, T5B 0C2  
Phone 780-342-4908 and fax 780-342-4909

#### **4.1.2 Adult Psychiatry Outpatient Department (Psychiatry Treatment Clinic, Day Treatment Program, Evening Treatment Program, Clinical Psychology, Psychiatry Resident Clinics and Psychiatry Clinics)**

The clinic specializes in psychotherapy, largely in groups, to address a range of mental health concerns for adults 18-65 years of age. Self referrals are accepted by calling 780-407-6501, to discuss available treatment options. Clinic hours are Monday to Friday from 8:30am – 4:30pm.

Day Treatment Program - Provides an intensive, 18 week outpatient program with psychodynamic group therapy for adults with mental health concerns. Services include: group therapy, family interviews, psychiatric care with medication management, exercise, relaxation, and recreation groups, support returning to work as well as follow-up after the program. Clients are expected to attend the program every day.

Evening Treatment Program - Provides an intensive, 18 week outpatient program with psychodynamic group therapy for adults with mental health concerns. The program takes place in the evening and requires the patient to be involved in a work setting during the program. Services include: group therapy, family interviews, psychiatric care with medication management, exercise, relaxation, and recreation groups as well as follow-up after the program. Clients are expected to attend the program every day.

Clinical Psychology - A psychiatry referral based program that provides psychological assessment and testing as well as therapy in both the individual and group setting. This service specializes in Cognitive Behavioral Therapy.

University of Alberta Hospital, 8440 112 Street NW, T6G 2B7  
Phone 780-407-6501 and fax 780-407-6470

#### **4.1.3 Royal Alexandra Hospital - Adult Mental Health Outpatient Department (groups, day program, psychiatry)**

The Royal Alexandra Hospital Adult Mental Health Outpatient Department provides services for adults with mental health problems. Intervention services are provided by an interdisciplinary team of Mental Health Therapists and Consulting Psychiatrists and includes assessment, consultation, individual therapy, group programming and a rehabilitative day program. The service provide adults with treatment focusing on emotion regulation, including Dialectical Behaviour Therapy (DBT).

A referral is required by a physician or other Addiction & Mental Health provider. Clients who do not have a current psychiatric assessment will be seen by one of the consulting psychiatrists in the outpatient program and referred to group or individual therapy as appropriate. Referrals for the purpose of diagnosis and medication recommendations are also welcome.

Royal Alexandra Hospital, 10240 Kingsway Avenue NW, T5H 3V9  
Phone 780-735-4181 and fax 780-735-4797

#### **4.1.4 Adult Outpatient Counselling - Addiction Services Edmonton**

Provides outpatient services for adults dealing with alcohol, other drug, gambling, concurrent sex addiction and substance use as well as concurrent substance and mental health issues. Also provides services to those concerned about someone else's use. Provides personalized walk-in intake and assessment, treatment and referral services and a wide range of individual, group and family counselling; afternoon and evening group sessions related to addiction recovery; an intensive, outpatient three week gender specific program focusing on recovery from substance use and/or gambling; psychiatric consultations to clients; mental health consultations and referral for clients to self-help groups and other supports in the community.

Addiction Services Edmonton, 2<sup>nd</sup> Floor, 10010 102A Avenue NW, T5J 0G5  
Phone 780-427-2736 and fax 780-427-4180

#### **4.1.5 Beaumont Adult Mental Health Clinic**

Outreach from Leduc clinic - 1 MHT travels to Beaumont every Thursday

Beaumont Health Clinic, travelling clinic

#### **4.1.6 Community Adult Assessment & Treatment Services (CAATS)**

CAATS services are designed for adults who are dealing with a severe and/or persistent mental illness. Care is coordinated by a mental health therapist and goal directed services are tailored to the needs of individual clients. Services may include: individual and/or group therapy, medication management, psychiatric consultation, case management and crisis stabilization. Where possible, clients are connected with their community and are helped to make positive use of available resources to meet their housing, employment, health and leisure needs.

Edmonton 108 Street Building/Edmonton Mental Health Clinic, 9942 108 Street NW, T5K 2J5

3<sup>rd</sup> Floor Clinic: Phone 780-342-7788 and fax 780-425-9317

5<sup>th</sup> Floor Clinic: Phone 780-342-7644 and fax 780-422-0832

#### **4.1.7 Devon Adult Mental Health Clinic**

Outreach from Leduc clinic - 1 MHT travels to Devon Monday pm and every alternate Wednesday.

Devon Hospital travelling clinic

#### **4.1.8 Enhanced Services for Women**

Provides outpatient and outreach services to women of the child bearing age range that may be pregnant and/or parenting and lead high risk lifestyles, including but not limited to family violence, sexual exploitation, homelessness, abuse, legal issues, and CFS involvement.

Addiction Services Edmonton, 10010 102A Avenue NW, T5J 0G5

Phone 780-427-2736 and fax 780-427-4180

#### **4.1.9 Evansburg Adult Addiction and Mental Health Clinic**

Services are designed for adults who are dealing with a severe and/or persistent addiction and/or mental illness. Care is coordinated by a mental health therapist and goal directed services are tailored to the needs of individual clients. Services may include: individual therapy, medication management, psychiatric consultation, case management and crisis stabilization. Where possible, clients are connected with their community and are helped to make positive use of available resources to meet their housing, employment, health and leisure needs. Access for service is at the WestView Health Centre, Stony Plain Clinic.

Evansburg Health Centre, travelling clinic, 5225 - 50 Street, T0E 0T0

#### **4.1.10 Fort Saskatchewan Addiction & Mental Health Clinic**

Addiction and Mental Health Services – Edmonton Zone is a community agency that provides a wide range of publicly funded Addiction and Mental Health Services to adults who are experiencing emotional problems and/or addiction concerns that are interfering with their day-to-day functioning. This is an adult service for 18 to 65, but clients transitioning from children's mental health to adult mental health are accepted after age 17.

Fort Saskatchewan Health Centre, 9401 86 Ave, T8L 0C6

Phone 780-342-2388 and fax 780-342-3348

#### **4.1.11 Gibbons Adult Addiction & Mental Health Clinic**

Services are designed for adults who are dealing with a severe and/or persistent addiction and/or mental illness. Care is coordinated by a mental health therapist and goal directed services are tailored to the needs of individual clients. Services may include: individual therapy, medication management, psychiatric

consultation, case management and crisis stabilization. Where possible, clients are connected with their community and are helped to make positive use of available resources to meet their housing, employment, health and leisure needs. Access for service is through intake at the St. Albert Clinic.

Gibbons Health Unit, travelling clinic, 4720 - 50 Avenue, T0A 1N0

#### **4.1.12 Edmonton Mental Health Clinic - Intake Services (108th Street & Northgate Clinics)**

Edmonton Mental Health Clinic Intake Services provide information, screening and referral to adults seeking help for mental health and/or addiction problems. Intake therapists provide adults with personal assistance through scheduled telephone or in person appointments at which time their needs are determined and referral to either community or services available at the Edmonton Mental Health Clinic (108 st and Northgate Clinics) or to another Addiction & Mental Health Service are arranged.

Edmonton Mental Health Clinic, 108th Street Building - 9942 108 Street NW, T5K 2J5  
Phone 780-342-7600 and fax 780-342-7621

#### **4.1.13 Leduc Addiction and Mental Health Clinic**

Addiction and Mental Health Services – Edmonton Zone is a community agency that provides a wide range of publicly funded Addiction and Mental Health Services to adults who are experiencing emotional problems and/or addiction concerns that are interfering with their day-to-day functioning. This is an adult service for 18 to 65, but clients transitioning from children's mental health to adult mental health are accepted after age 17.

Centre Hope Building, 4906 49 Avenue, Leduc, AB, T9E 6W6  
Phone 780-986-2660 and fax 780-986-9292

#### **4.1.14 Morinville Adult Addiction & Mental Health Clinic**

Services are designed for adults who are dealing with a severe and/or persistent addiction and/or mental illness. Care is coordinated by a mental health therapist and goal directed services are tailored to the needs of individual clients. Services may include: individual therapy, medication management, psychiatric consultation, case management and crisis stabilization. Where possible, clients are connected with their community and are helped to make positive use of available resources to meet their housing, employment, health and leisure needs. The Adult Community Services team can consult the YACLS (Young Adults & Cross Level Services) team in providing occupational, recreational, and social assessments and opportunities. Access for service is through intake at the St. Albert clinic.

Morinville Provincial Building, 10008 107 Street, T8R 1L3  
Phone 780-342-2620 and fax 780-939-1216

#### **4.1.15 NECHC - Addiction & Mental Health Clinic**

The Addiction and Mental Health program at NECHC provides short-term therapy services for adults with mental health, alcohol, drug, and/or gambling problems. Intervention services are provided by a multidisciplinary team of Mental Health Therapists, an Addiction Counsellor and Consulting Psychiatrists. Services provided include individual and group therapy, urgent consultation to the Emergency Department at NECHC, and telephone and walk-in Intake assessments. Crisis intervention is provided as needed.

North East Community Health Centre, 14007 - 50 St, T5A 5E4

#### **4.1.16 Northgate Addiction and Mental Health Clinic**

Services are designed for adults who are dealing with a severe and/or persistent mental illness. Care is coordinated by a mental health therapist and goal directed services are tailored to the needs of individual clients. Services may include: individual therapy, medication management, psychiatric consultation, case management and crisis stabilization. Where possible, clients are connected with their community and are helped to make positive use of available resources to meet their housing, employment, health and leisure

needs. The Adult Community Services team works closely with the YACLS (Young Adults & Cross Level Services) team on site at Northgate in providing occupational, recreational, and social assessments and opportunities.

Northgate Centre, 9499 137 Avenue, T5E 5R8  
Phone 780-342-2700 and fax 780-413-4728

#### **4.1.17 Edmonton Operational Stress Injury Clinic**

The Edmonton Operational Stress Injury Clinic is funded by Veterans Affairs Canada to provide mental health services for operational stress injuries (depression, anxiety, PTSD, substance use /addiction problems related to service). Our services are available to Canadian Armed Forces members, RCMP members, Veterans, and their families. Specialized services offered include assessment and treatment with an interdisciplinary team comprised of psychologists, social workers (clinical specialization), nurse & addiction counsellor, and psychiatrists. We cover the northern half of Alberta as well as the Northwest Territories. We provide services in our clinic, or via Telehealth for clients who may be limited in their ability to travel. Referrals must be received from the Department of National Defence, RCMP, or Veterans Affairs Canada.

Northgate Centre, 1058 Northgate Centre, 9499 137 Avenue, T5E 5R8  
Phone: 780-342-2792 Toll free: 1-877-657-5770 Fax: 780-476-5906

#### **4.1.18 Opioid Dependency Program**

Provides personalized medical and substance use assessments for adults with a history of opioid dependence (e.g., heroin, morphine, codeine, Percodan®, Percocet®, Dilaudid®, Demerol®, OxyContin®). Methadone or Suboxone maintenance treatment is provided, including stabilization and long-term support for clients on methadone or suboxone. Counselling services for clients on methadone or suboxone are provided, referral to other addictions treatment services, including intensive treatment and self-help programs; Coordination of methadone or suboxone for clients through community pharmacies; and consultations to pharmacists, family physicians, other professionals, and the public. Please note that clients are responsible for the cost of their medication.

Addiction Services Edmonton, Main Floor, 10010 102A Avenue NW, T5J 0G5  
Phone: 780-422-1302 and fax 780-427-0777

#### **4.1.19 Opioid Dependency Program**

Provides personalized medical and substance use assessments for adults with a history of opioid dependence (e.g., heroin, morphine, codeine, Percodan®, Percocet®, Dilaudid®, Demerol®, OxyContin®). Methadone or Suboxone maintenance treatment is provided, including stabilization and long-term support for clients on methadone or suboxone. Counselling services for clients on methadone or suboxone are provided, referral to other addictions treatment services, including intensive treatment and self-help programs; Coordination of methadone or suboxone for clients through community pharmacies; and consultations to pharmacists, family physicians, other professionals, and the public. Please note that clients are responsible for the cost of their medication.

Addiction Services Edmonton, 10010 102A Avenue NW, T5J 0G5

#### **4.1.20 Redwater Adult Addiction & Mental Health Clinic**

Services are designed for adults who are dealing with a severe and/or persistent mental illness. Care is coordinated by a mental health therapist and goal directed services are tailored to the needs of individual clients. Services may include: individual therapy, medication management, psychiatric consultation, case management and crisis stabilization. Where possible, clients are connected with their community and are helped to make positive use of available resources to meet their housing, employment, health and leisure needs. Access for service is through intake at the St. Albert Clinic.

Redwater Health Centre travelling clinic, 4812 - 58 Street, T0A 2W0

#### **4.1.21 Sherwood Park Mental Health Clinic**

Addiction and Mental Health Services – Edmonton Zone is a community agency that provides a wide range of publicly funded Addiction and Mental Health Services to adults who are experiencing emotional problems and/or addiction concerns that are interfering with their day-to-day functioning. This is an adult service for 18 to 65, but clients transitioning from children's mental health to adult mental health are accepted after age 17.

Sherwood Park Community Hospital, 9000 Emerald Drive, Sherwood Park, T8H 0J3

#### **4.1.22 Spruce Grove Adult Addiction & Mental Health Clinic**

Services are designed for adults who are dealing with a severe and/or persistent addiction and/or mental illness. Care is coordinated by a mental health therapist and/or addiction counsellor. Goal directed services are tailored to the needs of individual clients. Services may include: individual therapy, groups, medication management, psychiatric consultation, case management and crisis stabilization. Where possible, clients are connected with their community and are helped to make positive use of available resources to meet their housing, employment, health and leisure needs. The Adult Community Services team can consult the YACLS (Young Adults & Cross Level Services) team in providing occupational, recreational, and social assessments and opportunities. Access for services is through intake in Spruce Grove or WestView Health Centre, Stony Plain.

Stan Woloshyn Building, #130, 205 Diamond Avenue, Spruce Grove, T7Z 3A8  
Phone 780-342-1344 and fax 780-962-1565

#### **4.1.23 St. Albert Adult Addiction & Mental Health Clinic**

Services are designed for adults who are dealing with a severe and/or persistent addiction and/or mental illness. Care is coordinated by a mental health therapist and/or addiction counsellor. Goal directed services are tailored to the needs of individual clients. Services may include: individual therapy, groups, medication management, psychiatric consultation, case management and crisis stabilization. Where possible, clients are connected with their community and are helped to make positive use of available resources to meet their housing, employment, health and leisure needs. The Adult Community Services team can consult the YACLS (Young Adults & Cross Level Services) team in providing occupational, recreational, and social assessments and opportunities. Access for service is through intake at the St. Albert clinic.

St Albert Provincial Building, Provincial Bldg, 30 Sir Winston Churchill Avenue, St. Albert, T8N 3A3  
Phone 780-342-1410 and fax 780-460-7152

#### **4.1.24 Stony Plain Adult Addiction & Mental Health Clinic**

Services are designed for adults who are dealing with a severe and/or persistent addiction and/or mental illness. Care is coordinated by a mental health therapist and/or addiction counsellor. Goal directed services are tailored to the needs of individual clients. Services may include: individual therapy, groups, medication management, psychiatric consultation, case management and crisis stabilization. Where possible, clients are connected with their community and are helped to make positive use of available resources to meet their housing, employment, health and leisure needs. The Adult Community Services team can consult the YACLS (Young Adults & Cross Level Services) team in providing occupational, recreational, and social assessments and opportunities. Access for services is through intake in Spruce Grove or WestView Health Centre, Stony Plain.

WestView Health Centre, 4405 South Park Drive, Stony Plain, T7Z 2M7  
Phone 780-963-6151 and fax 780-963-7186

#### **4.1.25 Thorsby Adult Mental Health Clinic**

Outreach from Leduc clinic - 1 MHT travels to Thorsby every alternate Wednesday.

Thorsby, travelling clinic

## 5.0 TERTIARY, FORENSIC & RESIDENTIAL SERVICES

### 5.1 INPATIENT:

#### 5.1.1 Henwood Treatment Centre

A 72 bed residential, 21 day addiction treatment service.

Henwood Treatment Centre, 18750 - 18 Street NW, T5Y 6C1

#### 5.1.2 Forensic Services

Units 3-1, Unit 3-2, Unit 3-4: Forensic Tertiary Care in-patient units which provide person-centered rehabilitation services to individuals deemed Not Criminally Responsible (NCR).

Unit 3-3: Forensic Tertiary Care in-patient Sex Offender Treatment.

Unit 3-5: Forensic Psychiatric Intensive Care (P.I.C.U.) unit.

Unit 3-7: Remand Assessment unit which provides court ordered assessments of patients mental state in reaction to their criminal charges under the Criminal Code of Canada.

Alberta Hospital Edmonton, 17480 Fort Road, T5J 2J7

#### 5.1.3 Tertiary Care

Unit 8 -1A: Tertiary Care unit offering recovery oriented services to individuals with longer term mental health or behavioral concerns. This unit supports the development of skills to promote independence and supports individuals in achieving their personal goals.

Unit 8-1B: Continuous Intensive Care unit offering longer term recovery oriented treatment to individuals who have had lengthy periods of hospitalization and benefit from support in various areas of their daily life. Services are focused on supporting the developing and internal resilience and coping skills to assist with their transition to a home in the community.

Unit 8-2B: Specialized Treatment Assessment & Reintegration Services (S.T.A.R.S.) unit offering services to developmentally delayed individuals with co-occurring mental health concerns and/or complex behaviors.

Alberta Hospital Edmonton, 17480 Fort Road, T5J 2J7

### 5.2 COMMUNITY:

#### 5.2.1 Allendale Rehabilitation Supports

Clinical supports to Not Criminally Responsible clients who live in Allendale group home.

Allendale House, 6111 109 Street, T6H 3B2

#### 5.2.2 Community Geographic Team

Offers assessment & treatment to adult and youths living in rural/northern Alberta referred by the court system requiring supports for their mental health and or behavioral concern



FACS, 10225-106 Street, Edmonton, T5J 0K1

### **5.2.3 Forensic Assessment and Community Services (FACS)**

Offers a range of assessment and treatment services to individuals mandated by the courts and thought to have mental health and or behavioral concerns.

FACS, 10225-106 Street, Edmonton, T5J 0K1

## **6.0 YOUNG ADULT & CROSS LEVEL SERVICES**

### **6.1 INPATIENT:**

#### **6.1.1 Unit 12A**

Unit 12-A, Young Adult Evaluation, Treatment & Reintegration Service (YAETRS), Alberta Hospital Edmonton. YAETRS is a 20 bed acute inpatient unit for young adults who are 17-26 years old experiencing either their first psychotic break, mental health admission or are transitioning to adult services from child and adolescent services. The goal during admission to YAETRS is to engage patients and their families in treatment and transition patients to the community. Following admission, patients are followed in the YAETRS Transition Clinic for 90 days post discharge to ensure successful community re-integration.

Alberta Hospital Edmonton, 17480 Fort Road, T5J 2J7

#### **6.1.2 Unit 12B**

The ALC Unit at AHE is a new 20 bed unit for patients currently in an acute care psychiatric hospital bed who no longer require acute care. Patients on the ALC unit work with in-patient staff and the community transition team while waiting for permanent placement in the community. Patients also receive interim follow up as required after discharge to ensure a smooth transition to the community and to support their recovery.

Alberta Hospital Edmonton, 17480 Fort Road, T5J 2J7

#### **6.1.3 Unit 4F4 (Eating Disorders)**

Eating Disorder Program is a specialized unit for patients who suffer from a variety of eating disorders with a principle focus on those with low body weight. This is the only inpatient program for Eating Disorders in the province. This is a 12 bed inpatient unit and an active and fully integrated outpatient program.

University of Alberta Hospital, 8440 - 112 St., T6G 2B7

### **6.2 AMBULATORY:**

#### **6.2.1 Outpatient Rehab Services**

The Rehabilitation Team" provides occupational therapy, recreation therapy, therapeutic groups and activities to the inpatient unit at University of Alberta Hospital as well as group and individualized rehabilitation programming to assist clients to develop the skills they need to return to independent community living and meaningful occupation, and participate in satisfying social and leisure pursuits."

#### **6.2.2 Outpatient Day Program Services**

The Day program is a six week program offered to individuals referred to outpatient psychiatry at RAH. Day program content includes mindfulness practice, emotional regulation skills, effective communication skills, interpersonal skills and wellness principles. Participants develop these skills through participation in various groups offered over a six week time period.

Royal Alexandra Hospital

## **6.3 COMMUNITY**

### **6.3.1 Challenge By Choice**

Challenge by Choice is a community based multi-agency initiative with three major stakeholders: Alberta Health Services - Addictions and Mental Health, YMCA of Edmonton and Canadian Mental Health Association - Edmonton Region. This program offers wellness oriented, recovery focused programming for those 16 - 30 who are living with a mental illness. The format is an experiential learning approach to teach recreation and leisure skills as well as developing enhanced social and personal development skills. Outcomes expected include: improved mental health, transferable skill development, reduced substance use, increased social, peer and sibling connection, increased community integration and reduced stigmatization and isolation. Located at the Bill Rees YMCA. Contact 780-414-6300.

### **6.3.2 COAST**

The Community Outreach Assessment and Support Team (COAST) is partnership with Alberta Disability Services that aims to meet the needs of people with complex service needs.

Westcor Building, 12323 Stony Plain Road

### **6.3.3 Edmonton Early Psychosis Intervention Clinic**

Aimed at improving the outcome of individuals with a first episode of psychosis and providing support to their families. EEPIC services are coordinated by a clinical team comprised of nurses/mental health therapists, psychiatrists, neuropsychologists, occupational therapists, psychologists, and a manager. EEPIC offers services to individuals 16 to 35 years of age who have a suspected psychosis or are displaying early signs and symptoms of psychosis.

Edmonton 108 Street Building/Edmonton Mental Health Clinic, 9942 108 Street NW, T5K 2J5

### **6.3.4 Recovery Supports (Employment, Education, Social & Vocational Supports)**

Recovery oriented services in the areas of employment, volunteering, education and self-management skill development are offered in dynamic individual and group formats. Strength-based services are designed to be consistent with individual needs, interests and abilities and to assist individuals to reach their maximum level of satisfying community involvement. Located at 9942-108 Street, Northgate Health Centre and various integrated community sites. Contact 780-342-7754.

Edmonton 108 Street Building/Edmonton Mental Health Clinic, 9942 108 Street NW, T5K 2J5

### **6.3.5 Edmonton Hope & Wellness Centre**

Recovery oriented day program designed to meet the individual needs of people requiring support while recovering from mental illness, and/or substance use issues. Individualized recovery plans are designed focusing on one or more of the following areas: recreation/leisure, employment, medication management, psychological support, community engagement, housing, and community resource counseling. Services are offered individually or in a group format. Participants have the flexibility to individualize their programming in terms of content and attendance. Strength-based services are designed to be consistent with individual needs, interests and abilities and to assist individuals to reach their maximum level of satisfying community involvement.

Alberta Hospital Edmonton, 17480 Fort Road, T5J 2J7

### 6.3.6 Housing Outreach & Stabilization Team (HOST)

Provision of collaborative assessment, consultation and assistance in all aspects of obtaining safe, integrated, affordable housing. The housing support team may also provide ongoing recovery oriented support as needed. Contact 780 342-7754.

Edmonton 108 Street Building/Edmonton Mental Health Clinic, 9942 108 Street NW, T5K 2J5

### 6.3.7 Wellness Integrated Support Homes (WISH)

Wellness Integrated Support Homes (WISH), previously known as “Support Homes”, assists in the intake and case management process for patients requiring addictions and mental health supervised group home placement.

Alberta Hospital Edmonton, 17480 Fort Road, T5J 2J7

### 6.3.8 Transitional Youth Services

Transitional Youth Service (TYS) targets youth ages 16-24 years who have a primary psychiatric diagnosis and require assistance to transition from Child & Adolescent Mental Health to Adult Mental Health Services. The service works to empower the youth to set goals towards their transition. It is voluntary, individual focused, goal oriented, strength and relationship based, recognizes the youth’s resiliency factors, and includes the youth’s key supports. YYS provides consultation and collaborates to connect youth and their families to appropriate community resources and Adult Mental Health Services. Requests for the YYS are made by a Child and Adolescent Psychiatrist in the Edmonton Zone. 780-735-8268.

Glenrose Hospital

### 6.3.9 Young Adult Treatment

This program provides young adults (18-24 years old) access to age-specific, intensive and structured addiction treatment services. With an emphasis on early engagement and treatment through a targeted and age relevant continuum of services, individuals are able to access individual counseling, group interventions, family therapy, day programs and/or residential treatment. Intake, assessment and interventions focus on supporting wellness in major life areas impacted by the transition phase between adolescence and adulthood. Specialized residential treatment is offered in partnership at three locations throughout the province and considers the developmental stage of the young adults, offering experiential learning opportunities, peer interactions and practical life skills training as part of the core addiction services. Families and significant others are a crucial component of treatment for this population and a family treatment component is integrated throughout community based and residential service options. Young adults or their families are welcome to call (780) 909-4546 for further information.

Addiction Services Edmonton, 10010 102A Avenue NW, T5J 0G5

## 7.0 INFORMATION, EVALUATION, & PROFESSIONAL PRACTICE

### 7.1 Clinical Informatics

The Clinical Informatics team works with IT project teams to build, test, implement and provide ongoing support for clinical information systems used within Addiction and Mental Health (AMH), Edmonton Zone [e.g., eCLINICIAN - the patient-centric clinical information system providing a shared Electronic Medical Record (EMR) and scheduling system for ambulatory/community services]. This team supports clinicians to continually improve the quality and integrity of our clinical information systems, administrative business processes, and provides education and support for system users. The goal of the team is to improve the quality of care for our clients in all settings (inpatient, residential, outpatient, community/ambulatory) within our entire continuum of care. **Contact 780-342-7960.**

Edmonton 108 Street Building, 9942 108 Street NW, T5K 2J5

### 7.2 Research & Evaluation

Provides program evaluation, research, consultation, knowledge dissemination, and best practice review support to AMH services in the Edmonton Zone. The overall goal of the team is to advance addiction and mental health delivery by promoting and conducting research and evaluation and by incorporating the knowledge gained into practice. **Contact 780-342-7696.**

Edmonton 108 Street Building, 9942 108 Street NW, T5K 2J5

### 7.3 Analytics & Reporting

This team provides information and reporting to support monitoring of performance indicators, trends, and inform decision-making. The goal is to provide data that is accurate, meaningful, and timely to both frontline managers and leadership. **Contact 780-342-7960.**

Edmonton 108 Street Building, 9942 108 Street NW, T5K 2J5

### 7.4 Addiction Prevention & Mental Health Promotion

This team provides consultation and support to other professionals, schools, and community agencies to develop addiction prevention, mental health promotion and early intervention initiatives. **Contact 780-644-3642.**

Inglewood A, 12803-116 Avenue, T5M 3C8

### 7.5 Clinical Education

This team supports AHS Addiction and Mental Health clinical practice by developing and providing competency and evidence based learning opportunities. **Contact 780-644-1883.**

Inglewood A, 12803-116 Avenue, T5M 3C8

### 7.6 Psychology Professional Practice

This team provides psychology professional practice leadership to psychologists in AMH Edmonton Zone and management of the Edmonton Consortium Clinical Psychology Residency Program. The Psychology Lead works with other Professional Practice Leaders and operational management to promote effective client and family-based collaborative practice within our three streams of service delivery.

Edmonton 108 Street Building, 9942 108 Street NW, T5K 2J5

### 7.7 Contracted Services Coordination

AMH Edmonton Zone contracts with community based partners for a variety of reasons. The Coordinator for Contracted Services is the key liaison for these partners. The agencies we contract with help us to provide a broad community-based spectrum of services by providing specific expertise, skills, space (location), or staff that we value. **Contact 780-342-7635.**

Edmonton 108 Street Building, 9942 108 Street NW, T5K 2J5

## 8.0 OUTPATIENT MENTAL HEALTH SERVICES COVENANT HEALTH

### 8.1 AMBULATORY:

#### 8.1.1 Southside Seniors Day Program (Erminskin)

Erminskin Strip Mall, 3030 106 Street, T6J 5M5

**8.1.2 Outpatient Addiction & Mental Health Program**

Misericordia Community Hospital, 16940 87 Ave., T5R 4H5

**8.1.3 Psychiatric Outpatient Program (POP)**

Grey Nuns Community Hospital (Mother Rosalie Annex), 1100 Youville Dr. West, T6L 5X8

**8.1.4 Psychiatric Outpatient Clinic**

Department of Psychiatry, 1100 Youville Dr. West, T6L 5X8

**8.1.5 Psychiatric Partial Hospitalization Program (PPHP)**

Department of Psychiatry, 1100 Youville Dr. West, T6L 5X8

**8.2 COMMUNITY****8.2 Community Geriatric Psychiatry**

Hy's Centre, #215 - 11010 - 101 Street, T5H 4B9

Contact **Daniel Scott**, Manager, Clinical Education & Professional Practice,  
Information, Evaluation & Professional Practice  
at telephone **780-644-1871** or  
e-mail [\*\*Daniel.Scott@albertahealthservices.ca\*\*](mailto:Daniel.Scott@albertahealthservices.ca)  
for any changes or corrections to this index.